

Communication is key in maintaining positive roommate relationships! The goal of this worksheet is to guide your conversation and set some mutual expectations on how you will live together. Take notes here as a group and hold onto them for future reference.

When you have completed this worksheet as a group, please schedule a meeting with your Resident Assistant to complete your Roommate Agreement.

Room Number:

Date:

## CONTACT INFO

- Please provide the full names and phone numbers of all roommates

## HEALTH

- What is our plan to stay healthy, increase protection for one another, and control the spread of sickness like the cold and COVID-19?

## CLEANING

- How often will the trash be taken out and the room vacuumed?
- How will we take turns to take out trash and vacuum the room?

## PERSONAL BELONGINGS

- What items can be shared with permission? Without permission? Never?

## DOORS

- Is pounding on the door to wake up a roommate after locking yourself out acceptable?
- Can the room be dead-bolted when one roommate is still present in the room?

## SLEEP

- What are our sleeping schedules? Do we take naps and if so, when?
- What should we do if one person returns when another one of us is sleeping?

## ALARM CLOCK

- Is it okay to use the snooze button? If yes, how many times is acceptable?
- Is it acceptable to wake up the other person or turn off their alarm if they're sleeping through the alarm?

## PHONE

- What hours is it okay to make/receive calls and video calls?
- Can we answer or silence each other's phone if the other is away?

## STUDYING

- Do we prefer to study in the room or in a lounge/library?
- When one roommate is studying, is phone sound, TV, or music okay?

## MAIL

- Is it acceptable for one person to pick up the other person's mail or packages?

## PRIVACY

- How will we share with each other when we want to have privacy, space, or quiet time?

**ADDITIONAL THINGS TO DISCUSS:** Pet peeves, stressors, communication preferences, hobbies/interests, health concerns, storage division, room temp and window preferences, views on alcohol/drugs/smoking, etc.